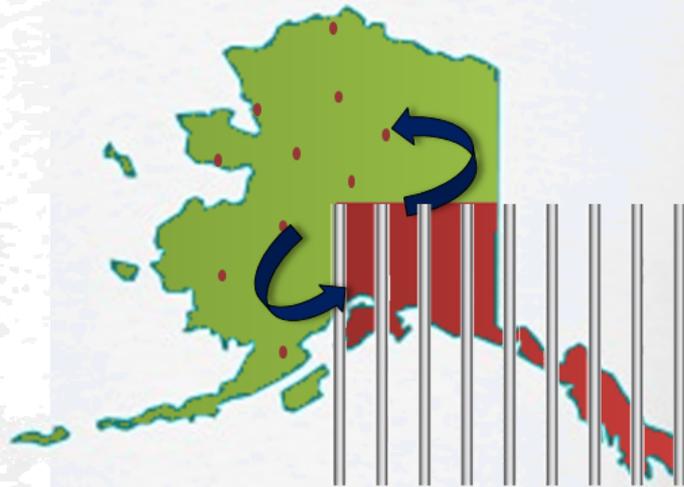


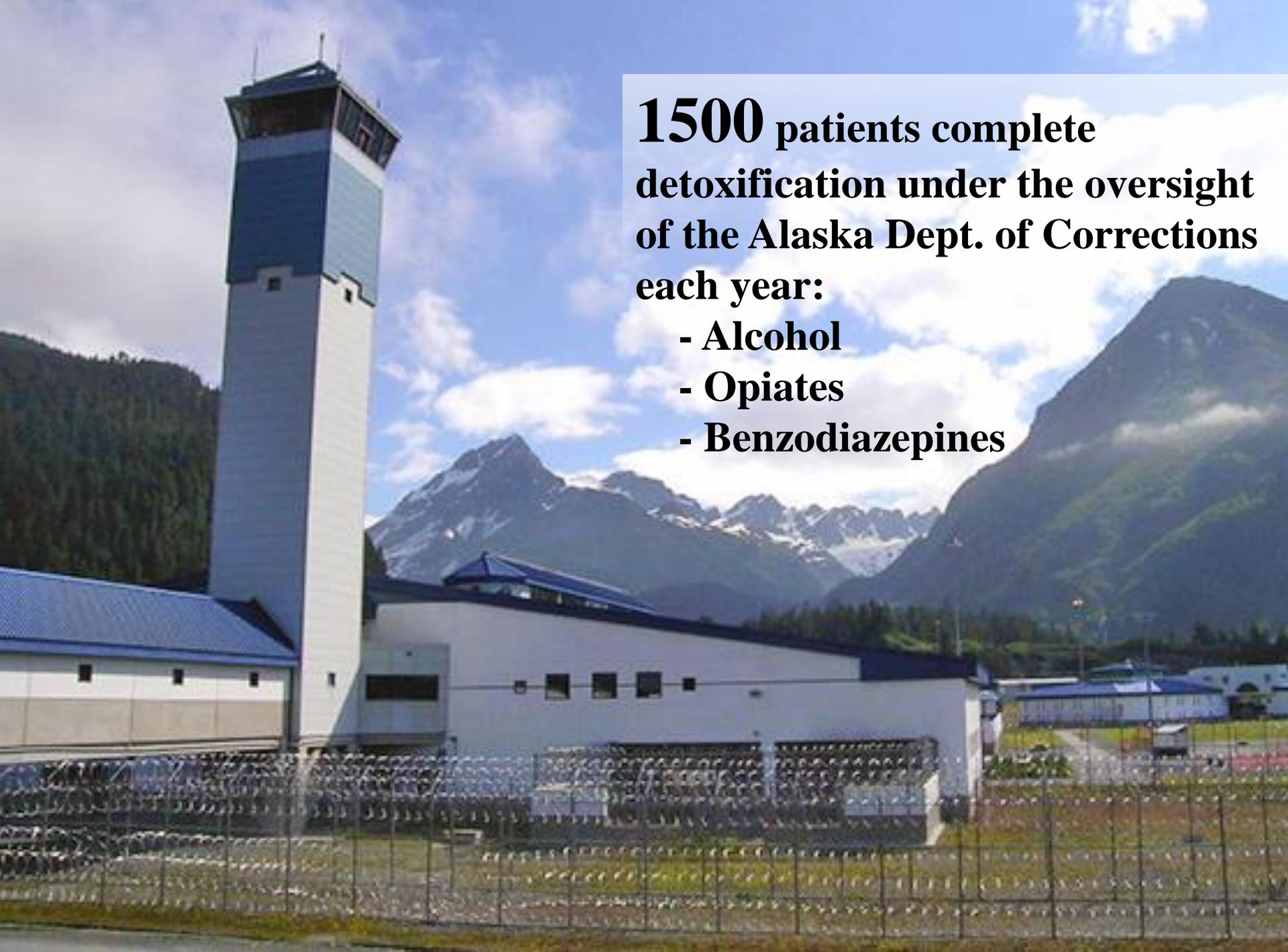


# Alaska Department of Corrections



## Detoxification in AK Prisons and Jails

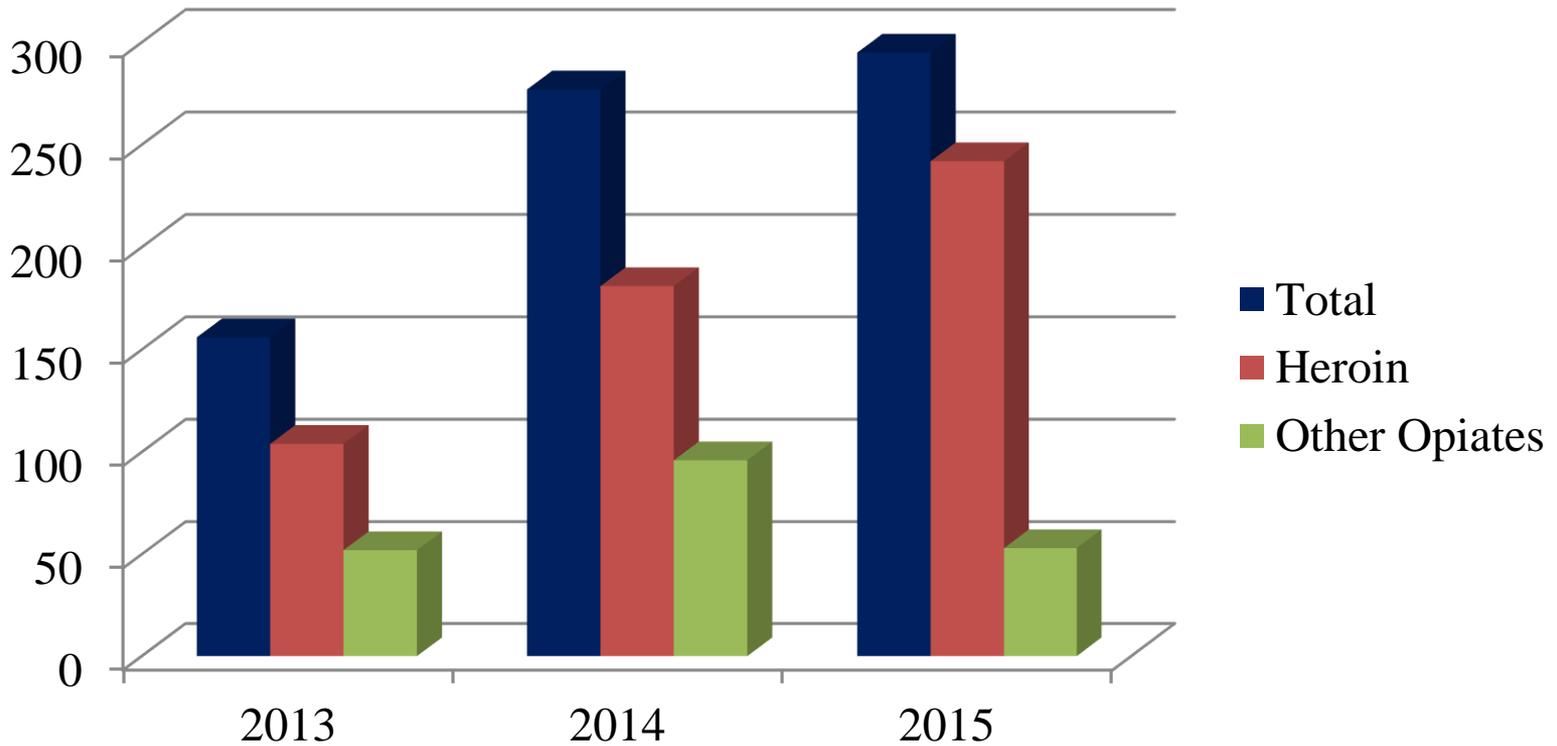
**Robert Lawrence, MD**  
Chief Medical Officer  
Alaska Dept. of Corrections  
Health and Rehabilitative Services  
September 2016



**1500** patients complete detoxification under the oversight of the Alaska Dept. of Corrections each year:

- Alcohol
- Opiates
- Benzodiazepines

# Opiate Drug of Choice 2013-2015



## Inmates Reporting Opiates as Drug of Choice

# Clinical Opiate Withdrawal Scale (COWS)



## Vital Signs

SYSTOLIC  
DIASTOLIC  
PULSE  
TEMP

Resting Pulse Rate

Sweating

Restlessness

Pupil size

Bone or Joint aches

Runny nose or tearing

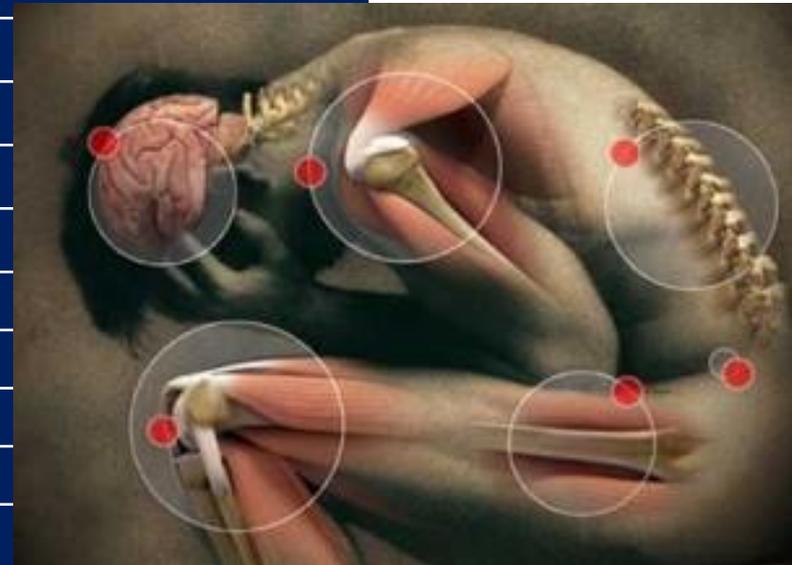
GI Upset

Tremor

Yawning

Anxiety or Irritability

Gooseflesh skin



Total Score

5-12 = mild; 13-24 = moderate; 25-36  
= moderately severe; > 36 = severe  
withdrawal

# STANDARD ORDER SET

1. Vital Signs TID up to every 6 hours
2. **Clonidine (Catapres) 0.1mg PO TID tapered x 3 - 4 days**
3. Promethazine (Phenergan) 25 mg PO/PR/IM TID PRN nausea/vomiting x 3 days
4. Hydroxyzine (Vistaril) 50 mg PO TID x 3 days PRN anxiety (hold if using promethazine)
5. Buffered Aspirin (Ascription) 325 mg; give 2 tabs PO TID x 3 days PRN pain
6. Notify facility provider or on-call provider at any time:
  - BP < 90/60 mmHg [or] BP > 180/110 mmHg
  - New onset of HR < 60 [or] HR > 120 bpm sustained for more than 15 minutes
  - Temp > 101 F
  - Nausea or vomiting despite treatment
7. Clinical Opiate Withdrawal Score (COWS) increases by  $\geq 6$  points from initial score despite treatment
8. Pregnancy: alternate withdrawal medications must be used in pregnancy



## OPIOID DETOXIFICATION

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# Services in Alaska's Jails/Prisons

Clinically monitored detoxification

Substance abuse counseling

Linkage to care upon release

Medical assisted treatment program

(in development)



## Opioid Use Disorder in Corrections

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